

Neck Pillow [adjusted]

Adult Size Only



Materials

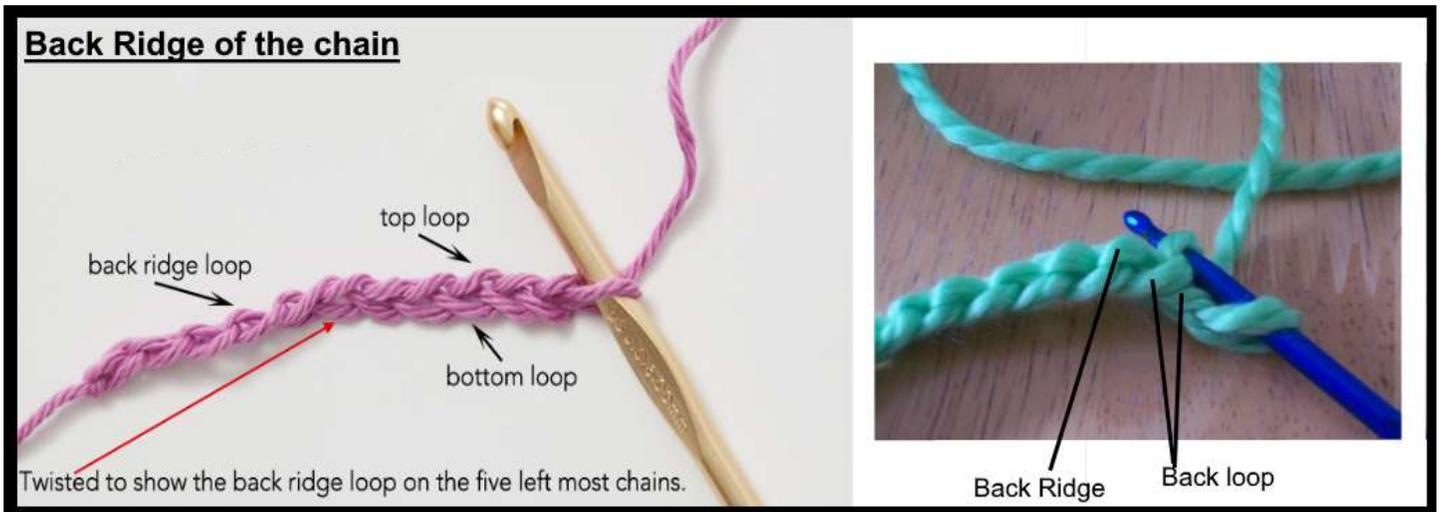
- Worsted weight yarn -- **xlarge-6 oz.**
- **Crochet hook size H** -- for body of neck pillow
- **Crochet hook size J**—for chains
- Fiberfill
- Yarn needle

Gauge:

- 5 sc = 1 ½"; 5 rows = 1 ½ "

X Large

Using J Hook, make a slip loop, Ch 55



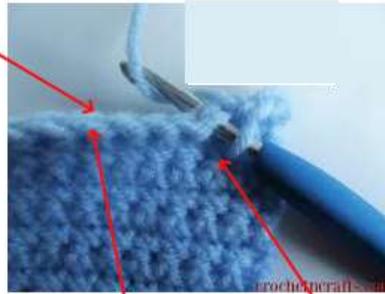
Row 1: Using H Crochet Hook and in back ridge loop, [starting with 2nd ch from hook], sc in each of the first 8 ch, 2 sc in the next ch, (sc in each of the next 8 ch, 2 sc in the next ch) 4 times, sc in next 8 ch; ch 1, turn. (60 sc)

INCREASE SECTION:

Invisible Increase

To **make an invisible increase**, you are still making 2 single crochets into the same stitch. The difference is the first single **crochet** of the **increase** is made only in the **FRONT LOOP** of the stitch you are working in. Mar 23, 2017

back loop make a sc
in this loop for 2nd
stitch of increase
enter hook from front
to back of loop



front loop make a sc
in this loop for 1st
stitch
of increase
enter hook from front
to back of loop

regular sc being made
using both loops
enter hook from front
to back of both loops

[Note: My last sc of the current row is in the ch 1 from the previous row.]

[Note: I changed color every 2 rows, but did the 6 even rows the same color.]

Row 2: Sc in each of the first 9 sc, 2 sc in the next sc, (sc in each of the next 9 sc, 2 sc in the next sc) 4 times, sc in each of the next 9 sc; ch 1, turn. (66 sc)

Row 3: Sc in each of the first 10 sc, 2 sc in the next sc, (sc in each of the next 10 sc, 2 sc in the next sc) 4 times, sc in each of the next 10 sc; ch 1, turn. (72 sc)

Row 4: Sc in each of the first 11 sc, 2 sc in the next sc, (sc in each of the next 11 sc, 2 sc in the next sc) 4 times, sc in each of the next 11 sc; ch 1, turn. (78 sc)

Row 5: Sc in each of the first 12 sc, 2 sc in the next sc, (sc in each of the next 12 sc, 2 sc in the next sc) 4 times, sc in each of the next 12 sc; ch 1, turn. (84 sc)

Row 6: Sc in each of the first 13 sc, 2 sc in the next sc, (sc in each of the next 13 sc, 2 sc in the next sc) 4 times, sc in each of the next 13 sc ; ch 1, turn. (90 sc)

Row 7: Sc in each of the first 14 sc, 2 sc in the next sc, (sc in each of the next 14 sc, 2 sc in the next sc) 4 times, sc in each of the next 14 sc; ch 1, turn. (96 sc)

Row 8: Sc in each of the first 15 sc, 2 sc in the next sc, (sc in each of the next 15 sc, 2 sc in the next sc) 4 times, sc in each of the next 15 sc ; ch 1, turn. (102 sc)

Row 9: Sc in each of the first 16 sc, 2 sc in the next sc, (sc in each of the next 16 sc, 2 sc in the next sc) 4 times, sc in each of the next 16 sc; ch 1, turn. (108 sc)

Row 10: Sc in each of the first 17 sc, 2 sc in the next sc, (sc in each of the next 17 sc, 2 sc in the next sc) 4 times, sc in each of the next 17 sc; ch 1, turn. (114 sc)

Row 11: Sc in each of the first 18 sc, 2 sc in the next sc, (sc in each of the next 18 sc, 2 sc in the next sc) 4 times, sc in each of the next 18 sc; ch 1, turn. (120 sc)

Row 12: Sc in each of the first 19 sc, 2 sc in the next sc, (sc in each of the next 19 sc, 2 sc in the next sc) 4 times, sc in each of the next 19 sc; ch 1, turn. (126 sc)

Rows 13-18 Sc in each sc across; ch 1, turn. (126 sc) **[This is 6 rows]**



This is what it looks like at this point [only not folded over].

DECREASE SECTION:

INVISIBLE SINGLE CROCHET DECREASE

1. First, insert your hook through the front loop of the first stitch where you need to decrease.
2. Next, insert your hook thru the front loop of the second stitch that is used for the decrease. You kind of bend the hook around to get to it. Then, yarn over, like a normal single crochet.
3. Then pull the yarn thru 3 loops on your hook.



Row 19: **[Skip initial ch1 space]**, sc in each of the first 19 sc, sc dec over the next 2 sc, (sc in each of the next 19 sc, sc dec over the next 2 sc) 4 times, sc in each of the next 18 sc, dec using next two stitches; ch 1, turn. (120 sts)

Row 20: Sc in each of the first 18 sc, sc dec over the next 2 sc, (sc in each of the next 18 sc, sc dec over the next 2 sc) 4 times, sc in each of the next 17 sc, dec using next two stitches; ch 1, turn. (114 sts)

Row 21: Sc in each of the first 17 sc, sc dec over the next 2 sc, (sc in each of the next 17 sc, sc dec over the next 2 sc) 4 times, sc in each of the next 16 sc, dec using next two stitches; ch 1, turn. (108 sts)

Row 22: Sc in each of the first 16 sc, sc dec over the next 2 sc, (sc in each of the next 16 sc, sc dec over the next 2 sc) 4 times, sc in each of the next 15 sc, dec using next two stitches; ch 1, turn. (102 sts)

Row 23: Sc in each of the first 15 sc, sc dec over the next 2 sc, (sc in each of the next 15 sc, sc dec over the next 2 sc) 4 times, sc in each of the next 14 sc, dec using next two stitches; ch 1, turn. (96 sts)

Row 24: Sc in each of the first 14 sc, sc dec over the next 2 sc, (sc in each of the next 14 sc, sc dec over the next 2 sc) 4 times, sc in each of the next 13 sc, dec using next two stitches; ch 1, turn. (90 sts)

Row 25: Sc in each of the first 13 sc, sc dec over the next 2 sc, (sc in each of the next 13 sc, sc dec over the next 2 sc) 4 times, sc in each of the next 12 sc, dec using next two stitches; ch 1, turn. (84 sts)

Row 26 Sc in each of the first 12 sc, sc dec over the next 2 sc, (sc in each of the next 12 sc, sc dec over the next 2 sc) 4 times, sc in each of the next 11 sc, dec using next two stitches; ch 1, turn. (78 sts)

Row 27: Sc in each of the first 11 sc, sc dec over the next 2 sc, (sc in each of the next 11 sc, sc dec over the next 2 sc) 4 times, sc in each of the next 10 sc, dec using next two stitches; ch 1, turn. (72 sts)

Row 28: Sc in each of the first 10 sc, sc dec over the next 2 sc, (sc in each of the next 10 sc, sc dec over the next 2 sc) 4 times, sc in each of the next 9 sc, dec using next two stitches; ch 1, turn. (66 sts)

Row 29: Sc in each of the first 9 sc, sc dec over the next 2 sc, (sc in each of the next 9 sc, sc dec over the next 2 sc) 4 times, sc in each of the next 8 sc, dec using next two stitches; ch 1, turn. (60 sts)

Row 30: Sc in each of the first 8 sc, sc dec over the next 2 sc, (sc in each of the next 8 sc, sc dec over the next 2 sc) 4 times, sc in each of the next 7 sc, dec using next two stitches; ch 1, turn. (54 sts) Fasten Off.

Row 31: Sc across. (54 sts)

FINISHING SECTION:

Finishing: Thread needle with a long length of yarn. Fold the pillow to form a round tube. Sew one end of the tube together, then continue sewing the the last row to the foundation ch's, stuffing firmly and evenly **[but not overfilled – it should have some give and softness when used. However, don't underfill it.]** with fiber fill as you sew every few inches. Sew the last end of the tube closed.

You can use any method of joining the two pieces while stuffing as you go. I used the Mattress Stitch. Don't pull your joining too tight as you want the neck pillow to be comfortable on your neck. You do not want a tight cord pressing on your neck where the seam has been made.

[Sew with medium tension and not tight tension as seam should have some give and stretchiness.]

ORIGINAL PATTERN WEBSITE: includes various sizes [not adjusted but original pattern]

<http://web.archive.org/web/20070123055700/http://members.aol.com/cillcrochets/neckpill.html>

Mattress Join Instructions: <https://hearthookhome.com/sew-crochet-pieces-together-using-mattress-stitch/>

To join two pieces of crochet together:

1. Lay out the two edges that will be sewn, lining up the corresponding stitches on each side.
2. Thread your [yarn needle](#) with the main color of yarn.



3. Work from the inside/bottom out, sew through each side as if you were lacing a pair of tennis shoes.



4. Continue sewing back and forth from the inside/bottom out between both pieces to end.



5. When finished sewing two pieces together, [weave](#) in the yarn end as [usual](#).
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